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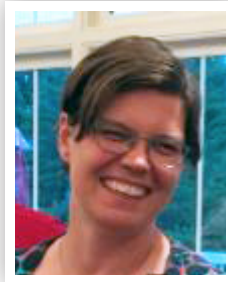
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From the President



Happy Fall! One of the greatest pleasures and privileges of living in the Midwest is an autumn evening. The air nearly feels silky as the humidity dissipates, and the sunset occurs at a movie-worthy time, yellow light bathing families sitting down for dinner, dogs walking their owners, and the last fat bumblebees bouncing around the asters. Twilight's blue haze fades into soft darkness, chirping crickets under the cool grass, and a night breeze sweeps away the heat of the day.

Nature and noticing are a wonderful combination, and one that informs our book club selection for fall, *Lady of the Wood* by MOCMS's very own Dr. Mark Braun. Dr. Braun, Professor Emeritus at IU School of Medicine, will join our book club to discuss his novel, set in both modern-day and ancient Pacific Northwest. It will be a rare treat to have the author present at the discussion and I hope you can join us.

Another rare treat—MOCMS is excited to offer a Fall General Meeting at the Regional Academic Health Center in the Health Sciences Building! Please join us as we tour the IU Health Sciences Building and hear from Dr. Kathy Hiller. Brian Shockney and MaryAnn Valenta about updates from the IU School of Medicine and IU Health Bloomington Hospital. We hope to be able to meet in person for the first time in over a year. RSVP early, as space is limited due to COVID restrictions. It will be so nice to be together.

MOCMS members joined with over 400 other participants on August 7 to participate in the First Annual Dr. John Wrasse Bike 4 Fitness event. Created to honor the late Dr. John Wrasse of Riley Pediatrics, this event promoted family fitness, bike safety, and raised over \$16,000 for the Riley Kids Fund- Bloomington. The event was a fitting tribute to such a dedicated physician and medical educator in our community.

As we settle into the school year, please remind the educators you know about the MOCMS Healthy Schools Grants. Our grant reviews, in December, are often one of the most rewarding meetings of the year for Board Members, and we enjoy facilitating healing and healthy habits in our community schools.

And lastly, I would like to be sure we honor our 50-year members this year. Dr. Bishop, Dr. Doster, Dr. O'Connell, Dr. Richey and Dr. Wrenn have all had their golden anniversaries with the MOCMS! I can't imagine the changes they have seen in the past half-century of medical practice, and I hope that those of us lucky enough to know them well are able to share the congratulations and thanks for serving the Bloomington community so well for so many years.

I hope that we all get to experience some of the golden magic of the autumn this fall—some cool, cleansing quiet. As the delta variant of COVID rages through our communities, I know many of us are struggling to find more energy, more time, more space in our personal and professional lives. Please be kind with yourselves and others, and feel free to sit on your front steps tonight, stare up to the bright stars, listen to the crickets chirp as a cool breeze wafts by, and just breathe. Thanks for all you do and stay in touch.

Sincerely,

Laura B. Knudson, MD

President

Monroe Owen County Medical Society

First Annual Dr. John Wrasse Memorial Bike 4 Fitness

Lisa Wrasse

On the sunshine filled morning of August 7, 2021, over 400 people participated in the First Annual Dr. Wrasse Memorial Bike 4 Fitness in honor of Bloomington pediatrician Dr. John Wrasse. Dr. Wrasse passed suddenly of previously unknown heart disease on February 13, 2021. Dr. Wrasse's friends and family organized Bike 4 Fitness to promote heart health awareness and to realize Dr. Wrasse's dream of a community event to promote family fitness and bike safety, benefiting Riley Kids Fund - Bloomington. This year's inaugural event featured a two mile loop around Bloomington's Switchyard Park. Plans are to expand the Bike 4 Fitness to offer longer routes in future years. This year's event raised over \$16,000 for Riley Kids Fund - Bloomington. Music was provided by Dr. Wrasse's daughter Anna Wrasse. Cheerleaders from Jackson Creek Middle School, Tri North Middle School, and Bloomington High School North cheered cyclists and walkers of all ages along the route. Dr. Wrasse's lifelong friend Todd Long, who traveled from Nebraska to lead the ride, commented that Dr. Wrasse would have been elated to see so many people out enjoying the beautiful day, being active together.

Along with his clinical work as a pediatrician, Dr. Wrasse loved teaching IU medical students and advocated on behalf of those coming to the field a little later in life, as he did. In addition to the Bike 4 Fitness, Dr. Wrasse's friends and family have established a memorial scholarship in his honor. Contributions are gratefully accepted to endow the John D. Wrasse Memorial Scholarship which will benefit IU medical students pursuing their degree after some life experience. For more information on the scholarship and future Bike 4 Fitness events please visit bike4fitness.com.



Photo One: Jason Simmonds, MD, Amy Kessens, MD, Suzanne Field, MD; Photo Two: Dr. Wrasse; Photo Three: Bike 4 Fitness riders.

Indiana University School of Medicine News

Articles submitted by Aish Thamba, IU School of Medicine, Class of 2024

Welcome to the Indiana University School of Medicine – Bloomington Class of 2025!



Photo by Thomas Weinzerl

On August 6, Associate Dean and Regional Director of the Indiana University School of Medicine Bloomington campus Dr. Katherine Hiller led the incoming class of medical students through the Physician's Oath, marking the beginning of their journey in medicine.

The new class of incoming medical students are excited to make their impact on the Bloomington campus through collaboration and professional development learning opportunities.

Successful IUSM-Led Blood Drive at the Regional Academic Health Center



On Wednesday, August 11, Indiana University School of Medicine – Bloomington partnered with the Internal Medicine Student Interest Group and American Red Cross to host a Blood Donation Drive at the Regional Academic Health Center. The drive was a success with a total of 31 units collected, which will potentially save 93 lives. There were 3 first-time donors, with 27 total donors. A huge thank you and shoutout to all who helped organize and volunteered at the drive! Missed this drive? No worries! Keep an eye on this newsletter for more donation opportunities in the future!

27

Total Number of Donors

3

First Time Donors

31

Units Collected

93

Potential Number of Lives Saved



Indiana University Health

The Monroe Owen County Medical Society Newsletter is designed and printed courtesy of Indiana University Health Bloomington. The Society extends our heartfelt thanks to IU Health Bloomington for their support and assistance.

New Members

MOCMS would like to welcome the following new members::

Jeffrey A. Dedelow, MD

Hospice and Palliative Medicine/Radiology

Kriti Lonial, MD

Pulmonary & Critical Care/Internal Med.

Frank D. Massey, MD

Psychiatry/Family Medicine

Kevin Sumption, MD

Cardiology

Claudia I. Vidal, MD

Dermatopathology/Anatomic Pathology

50 Year Members

MOCMS Congratulates 50 Year Club Members for 2021:

Michael D. Bishop, MD

Sterling E. Doster, MD

John Brian O'Donnell, MD

Robert W. Richey Jr., MD

Robert E. Wrenn, MD

Leaving Practice or Retiring Soon?

Please let MOCMS know where your medical records will be stored.

One of the most common phone calls received at the MOCMS office involves locating patient medical records for physicians who have moved or retired from practice. MOCMS keeps a database of that information for a number of physicians but certainly not for all former or current members. If your medical records are not housed at Storage Unlimited or with an ongoing practice from which you have retired, please contact the office to update that information for our database. You may email to director@mocms.org or call 812-332-4033. Thank you very much!

Indiana Physician Coalition

Carrie L. Davis, MD

Perhaps you have heard about the Indiana Physician Coalition. This was formed by the Indiana State Medical Association and specialty medical societies within the past year as an effort to educate the public and legislators on issues related to scope of practice and healthcare advertising transparency. I have been intimately involved with this group since the beginning as the representative from my state specialty society. We are excited to launch the **Educate to Legislate** grassroots campaign and urge all Indiana physicians to contact their legislators to discuss these issues.

Building relationships with elected legislators in Indiana is critical to stopping inappropriate scope of practice expansion and in promoting better transparency in healthcare licensing and advertising. Physicians should remain the leaders of the healthcare team and it is crucially important for patients to also be able to identify and understand who is providing them their care. These are the goals of the Indiana Physician Coalition. And we need each and every one of you to help.

Contact your state senator and representative and ask for a meeting whether by phone, zoom, or in person. Discuss the education and training of physicians and how that differs from other non-physician practitioners. While we value all members of the healthcare team, express the importance of physicians being involved in the care of all patients rather than allowing mid-level practitioners to practice independently. This next legislative session, we will be pursuing legislation on healthcare licensure and marketing transparency such as clear identification through name badges and identification (in layman's terms) of license type on these badges and in advertisements for healthcare services. Patients deserve to know if their healthcare provider is a physician, nurse practitioner, physician assistant, optometrist, nurse, etc.

The Indiana Physician Coalition has created a toolkit to help you discuss these issues with your legislators and to promote these concepts publicly. For everything you need to get started, visit <https://www.voterveice.net/ISMA/1/campaigns/84917/respond>. If you do not see your specialty society listed as a coalition partner, please consider urging your society to join. You can also visit the Indiana Physician Coalition website for more information <https://www.inphysicians.org/>.

We are being proactive in our efforts as we expect nurse practitioners to push for independent practice again in the coming year. Better truth in healthcare advertising laws in Indiana are long overdue. Do not wait until 2022 to get involved.

Join us now. Act now. Educate to Legislate.



Annual MOCMS Fall General Meeting

MOCMS members and IU School of Medicine students are invited to attend the annual MOCMS Fall General Meeting.

Wednesday, October 20, 2021

Indiana University Health Sciences Building, Room C1001
2631 E. Discovery Parkway, Bloomington, IN 47408

- 5:30 - 6pm Guests Arrive
- 6:00 pm Welcome and Introductions
- 6:05 pm Presentation by Dr. Kathy Hiller
- 6:25pm IU Health Bloomington Hospital update
- 6:45 pm ISMA update
- 7:00 pm Tour of Indiana University Health Sciences Building
- 8:30 pm Evening concludes

Find out more about IU's Regional Academic Health Center including the state-of-the-art academic building which encompasses many of the Indiana University's health science programs as well as the new IU Health Bloomington Hospital, built for the future of healthcare in the southcentral region.

The first presenter, **Dr. Kathy Hiller**, Regional Director and Associate Dean, IUSM-Bloomington and IU Health Chief Academic Officer will give an update on the IU School of Medicine and the Health Sciences Department.

The second presentation will cover the current status of the new hospital.

The final presenter will give an update on the 2021 ISMA conference held in September.

Parking will be available in the south side of the Health Sciences Building/IU Health Bloomington Hospital. Enter through the doors on the lower level of the Health Science Building.

RSVPS ARE REQUIRED TO ATTEND. PLEASE RSVP TO KIM RUDOLPH AT MOCMS2@GMAIL.COM BY FRIDAY, OCTOBER 15.

Attendees will be required to wear masks indoors. Please note that COVID restrictions may require us to go virtual. If that is the case, you will receive further instructions prior to event.

MOCMS Book Club

The next MOCMS book club is Friday, 12-3-2021.

For this quarter, the book is fiction, and *Lady of the Wood* has been selected. The author, Dr. Mark Braun, is a life-long resident of Indiana and has lived most of his life in Bloomington. He worked as a pathologist at Bloomington Hospital and taught at the IU School of



Medicine. Dr. Braun will be present at the book club to discuss the book, his interest in ancient DNA and Native American shamanic art. Details of this book club event will be sent in an email soon but mark your calendar for this event. The book is available on Amazon, and at our local bookstore, Morgenstern's.

Did you know?

- Hoosiers Outrun Cancer is Saturday, 9-25-2021. For more information, see <https://hoosiersoutruncancer.org>.
- If you are retiring and MOCMS has only a work email for you, please inform us of a personal email address so you will be able to continue to receive MOCMS news.
- We recently sent an email to members requesting feedback on the type of events you prefer. Thank you to all that responded. From the response, most of you prefer events that allow socializing, with maybe some education, like the Enigma. We hope that we will be able to plan in-person social gatherings, which include food and drink, soon. Let's hope COVID allows us to plan such an event in the very near future!
- If you have not already done so, it is time to renew your physician license and CSR registrations. Licenses expire 10-31-2021. Renew online at <https://mylicense.in.gov>.

PLEASE KEEP US UPDATED

In our increased effort to “go green”, MOCMS is hoping to communicate with you through email. If you would like to help MOCMS use less paper, please be sure we have your updated email address by sending an email to director@mocms.org and check that your spam blocker will allow communications from MOCMS.

MOVED LATELY?

Please forward your new address for your **home** and/or your **practice** to MOCMS right away. You may call MOCMS at 812.332.4033, write to us at PO Box 5092, Bloomington, IN 47407-5092 or email: director@mocms.org. Please help us keep your information current/correct in the MOCMS database, Physician Directory and on our website at www.mocms.org.

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The Monroe Owen County Medical Society (MOCMS) Newsletter is published each spring, summer and fall by approval of the Executive Committee. The MOCMS Newsletter accepts submissions of articles, announcements, obituaries, and editorials related to the interests of our members. Materials submitted for consideration should be typed as a Word document. The MOCMS reserves the right to edit all articles submitted. MOCMS retains final editorial judgment regarding newsletter content. It reserves the right to reject articles, announcements, letters, advertisements, and other items that do not correspond with the goals and purposes of the organization.

The information contained in the newsletter is believed to be correct and accurate. Unless specifically stated otherwise, the opinions expressed in any article, advertisement, or column are those of the individual author and do not represent an official position of, or endorsement by, the Monroe Owen County Medical Society, its officers, Executive Committee, or the newsletter staff.

Approved by the Executive Committee on June 5, 2007.

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