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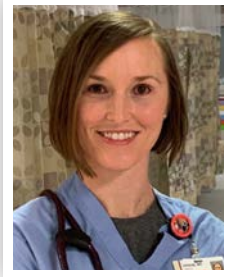
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## From the President



Greetings fellow MOCMS members!

As my inaugural communication with you, I hope this newsletter finds you well.

This spring feels like we are coming alive, not only from winter, but from some of the COVID related social constraints as well. As we welcome more sunlight in the evenings, our family will look forward to strolling through campus to Buffalouies for wings or Hartzell's for ice cream. My two sons are anticipating the Blue Man Group performance at IU Auditorium coming soon which is also within walking distance for us.

As I write this letter, COVID numbers have continued to trend in the right direction. Masks are no longer mandated in MCCSC schools, although both of my sweet children chose to continue to wear theirs for now. Transitions can be hard... As an anesthesiologist, we have been notified IUH will stop preop COVID testing of asymptomatic patients next week. Additional anticipated transitions...

Since the last newsletter, I would like to catch you up on what has been occurring with MOCMS. On Valentine's Day, we organized and co-sponsored a Show the Love event for the hospital team members. It was enjoyable to put together some appreciation goody bags and to see the employee's reactions when they received them.

For a little over three years, we have held a quarterly book club. The non-fiction book *Canary in the Coal Mine* by Dr Will Cooke was discussed at our most recent book club in early March. A pretty impactful and insightful read for sure. Dr. Cooke was actually the keynote speaker at our 2019 MOCMS Fall General Meeting prior to his book release.

In late March, the MOCMS Women in Medicine held an event at the Bloomington Country Club presenting the Clifton Strengths program. The participants enjoyed assessing their individual strengths and sharing with other physicians. See article about Clifton Strengths inside the newsletter

Also inside this newsletter, see the invitation for the Spring General Meeting, which will be held May 14, 2022 at IU's Bart Kaufman Field. This has been one of the most popular events for MOCMS pre-COVID. This is an excellent opportunity to have fun, bring your families, and meet with your fellow physicians.

MOCMS wants to be available for each and every member. What can be done for you? Are there events that you would like to see planned? We welcome your input and hope you will reach out to us through email at [director@mocms.org](mailto:director@mocms.org) or call at 812-332-4033.

Take care and stay in touch!

**Christal L. Greene, MD**

President

Monroe Owen County Medical Society

# MOCMS Women in Medicine Clifton Strengths Event

Emily Manlove, MD

A group of women gathered in the evening of Tuesday, March 29 at the Bloomington Country Club to learn more about the Clifton Strengths philosophy and how to apply their own strengths in their lives. The event was hosted by MOCMS Women in Medicine. The Clifton Strengths assessment, designed by educational psychologist Dr. Donald Clifton and administered by the Gallup organization, helps individuals discover their top talent themes of 34 common, universal talents. These talents are organized into four domains: executing, influencing, relationship building, and strategic thinking.

Each participant completed the assessment prior to the workshop. During the seminar, they worked together to learn more about these strengths by working through several activities, led by Dr. Emily Manlove. "I first took the Clifton Strengths assessment when I was finishing with residency, and it made a huge impact on my career. I enjoy sharing this tool with others and learning more about how we can apply our strengths."



## MOCMS Selects Three Area Schools as Recipients of Healthy Schools Grant 2022

Since 2011, MOCMS has awarded grants to local elementary, middle schools and high schools for promoting healthy lifestyles among students. More than \$25,000 has been awarded to schools in Monroe and Owen Counties since that time.

The game of Pickleball has become one of the fastest growing sports in our country. Both **Bloomington High School South** and **Batchelor Middle School** requested funds for Pickleball for their schools to remain active and have fun with racket sports. The grants were awarded to these two schools for use in Pickleball nets and paddles. The game of Pickleball provides an environment for all ability levels to feel empowered to be physically active.

**Unionville Elementary School** requested, and was awarded, funds to purchase supplies to support their school gardening initiatives. Their school is an **EARTH School**, or **E=environment, A=Art, R=Resources, T=Technology and H=Health**. They are working on expanding gardening into their school day. The funds awarded to Unionville will allow them to purchase supplies to help with their raised garden beds for growing vegetables, compost bins, and native flower gardens.

By the end of the spring semester, the grant recipients will send summaries on how the funds were used for physical activity and growing vegetables.

# Batter Up!

*It's time for some fun!*

MOCMS Members and families are invited to

## MOCMS FAMILY DAY

**IU vs Minnesota Baseball Game**

**Saturday, May 14<sup>th</sup>**

- 12:00pm - Gates Open at Bart Kaufman Field
- 12-2pm - Pick up tickets and food vouchers at Will Call - Meet for social time at the patio.
- 2:00pm - First Pitch — Open Seating

**KIDS' DRAWING FOR THE FIRST PITCH** (Time and meeting location TBA)

**MOCMS GROUP PHOTO ON THE FIELD** (Time and meeting location TBA)

**General Admission tickets/food vouchers are complimentary and RSVP's are required for this event!** Join your colleagues and their families to cheer on the IU Hoosiers. Pick up your tickets at Will Call at the gate entrance. Game dates/times are subject to change pending weather. (Watch for email or text updates if weather is threatening.)

**RSVP BY TUESDAY, MAY 3<sup>RD</sup> to [mocms2@gmail.com](mailto:mocms2@gmail.com) or [director@mocms.org](mailto:director@mocms.org).**

Please let us know how many adults and children will be in your party and the names of each person as well as the ages of your children who will be attending.



Indiana University Health

The Monroe Owen County Medical Society Newsletter is designed and printed courtesy of Indiana University Health Bloomington. The Society extends our heartfelt thanks to IU Health Bloomington for their support and assistance.

## New Members

MOCMS would like to welcome the following new members:

**Yana Alekseeva, MD**  
*Psychiatry*

**Wynce J. Chan, MD**  
*Pediatrics*

**Malik M. Faheem, MD**  
*Endocrinology, Diabetes, Metabolism/Internal Medicine*

**Kaniz H. Bibi, MD**  
*Internal Medicine*

**Navleen K. Gill, MD**  
*Family Medicine*

**Ljubomir M. Ilic, MD**  
*Nephrology/Internal Medicine*

**Emily R. Jaeger, MD**  
*Neurology*

**Omar Jawaid, MD**  
*Internal Medicine*

**Supriya R. Kairamkonda, MD**  
*Neurology*

**Daewoong Lee, MD**  
*Anesthesiology/Pain Management*

**Rory F. Miranda, MD**  
*Obstetrics/Gynecology*

**Brittany C. Montgomery, MD**  
*Psychiatry*

**Sarah E. Norris, DO**  
*Emergency Medicine*

**Emily C. Palomaki, MD**  
*Internal Medicine*

**Jennifer Trpkovski, DO**  
*Family Medicine/Sports Medicine*

**Faizan Shaikh, MD**  
*Internal Medicine*

**Zachary J. Talaga, DO**  
*Internal Medicine*

**Nathan D. Wavle, MD**  
*Emergency Medicine*

## 50 Year Members

MOCMS Congratulates 50 Year Club Members for 2022:

**Louis Calli, MD**

**John I. Cronkhite, MD**

**Russell J. Dukes, MD**

**Joel H. Griffith, MD**

**Thomas W. Sharp, MD**

**Elda H. Simpson, MD**

**Jonathan T. Stafford, MD**

**Dwight L. Stauffer, MD**

## Show the Love

The idea started with MOCMS past president, Dr. Laura Knudson asking other physicians in what ways can we show love to our hospital/healthcare workers and how could we deliver that love to them. This was presented to the MOCMS Board of Directors and after many ideas were shared, a plan was made. The current MOCMS president, Dr. Christal Greene, took the idea and ran with it. Another MOCMS board member suggested that we let all healthcare workers, including those within the hospital, in offices and other areas know that their hard work is noticed and appreciated, but also realizing reaching all workers would be nearly impossible. The decision was made to prepare bags with special items and dispense them around the different units of the hospital. With the help of a generous donation from the Bloomington Health Foundation, MOCMS was able to fill the bags with 320 lotions, 720 lip balms, 160 hand sanitizer keychains, 600 inspirational stickers, 320 Kind bars, 630 pieces of Extra gum, 640 chocolate kisses, hand-written notes from physicians, and thank you notes from kids at Boys and Girls Clubs. On Valentine's Day, IU Health team members delivered the bags to the various units. From the looks of the hospital workers in the photos, it appears the Show the Love gifts were appreciated! Thank you to all that helped make this gift of appreciation possible.

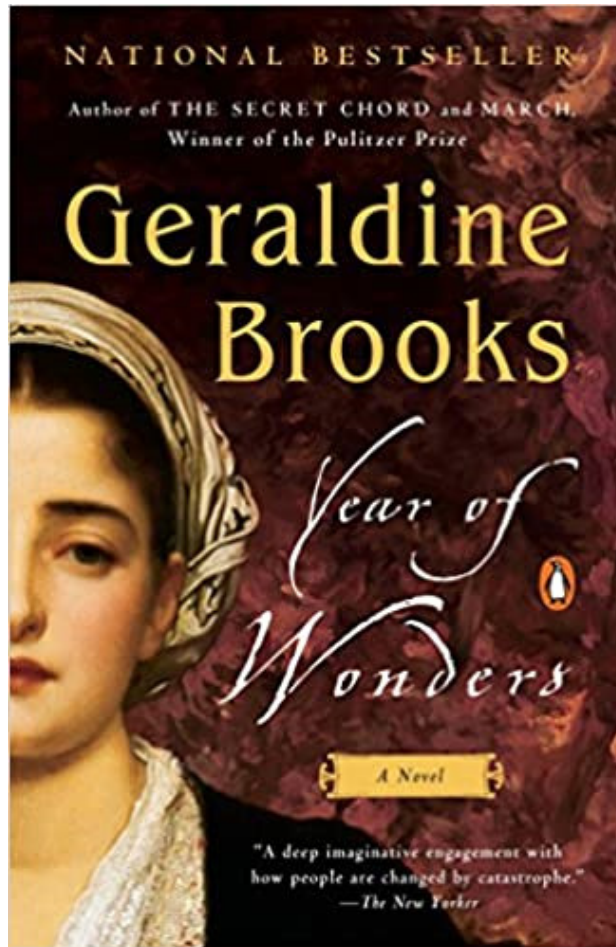


# MOCMS Book Club

Hosted by Dr. Christal Greene.

The next MOCMS Book Club will be held on Friday, June 3, 2022, 6:30-8:30 pm, at the Bryan Park Woodlawn shelter house.

This historical fiction selection is inspired by a true story of a small village outside of London that was hit with a plague in 1666. The village quarantined itself to stop the spread of disease and superstitions and a year of catastrophe becomes a year of wonders. The New Yorker review states, "The novel glitters...a deep imaginative engagement with how people are changed by catastrophe."



We hope you will take the opportunity to discuss this book with other physicians, it's a great way to end the week and bond with your peers. Light refreshments will be served. Please RSVP to Susan at [director@mocms.org](mailto:director@mocms.org), or 812-332-4033.

## Did you know?

- ISMA Convention is September 9-11, and will be in person this year at Embassy Suites, Noblesville, IN.
- Resolution deadline is June 12, 2022.
- The ISMA Government Relations team will present to IUSM on April 20 with a 2022 Indiana General Assembly legislative summary. They will touch on various ISMA and MSS resolutions that were sponsored and where they stand now. The GR team will end with a discussion on what a resolution is and how to write one.
- The Indiana Drug Card is available to all Indiana residents at no cost. Tell your patients to check out [www.indianadrugcard.com](http://www.indianadrugcard.com) to see how much money they might be able to save.

## Leaving Practice or Retiring Soon?

Please let MOCMS know where your medical records will be stored.

One of the most common phone calls received at the MOCMS office involves locating patient medical records for physicians who have moved or retired from practice. MOCMS keeps a database of that information for a number of physicians but certainly not for all former or current members. If your medical records are not housed at Storage Unlimited or with an ongoing practice from which you have retired, please contact the office to update that information for our database. You may email to [director@mocms.org](mailto:director@mocms.org) or call 812-332-4033. Thank you very much!

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# PLEASE KEEP US UPDATED

In our increased effort to “go green”, MOCMS is hoping to communicate with you through email. If you would like to help MOCMS use less paper, please be sure we have your updated email address by sending an email to [director@mocms.org](mailto:director@mocms.org) and check that your spam blocker will allow communications from MOCMS.

## MOVED LATELY?

Please forward your new address for your **home** and/or your **practice** to MOCMS right away. You may call MOCMS at 812.332.4033, write to us at PO Box 5092, Bloomington, IN 47407-5092 or email: [director@mocms.org](mailto:director@mocms.org). Please help us keep your information current/correct in the MOCMS database, Physician Directory and on our website at [www.mocms.org](http://www.mocms.org).

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The Monroe Owen County Medical Society (MOCMS) Newsletter is published each spring, summer and fall by approval of the Executive Committee. The MOCMS Newsletter accepts submissions of articles, announcements, obituaries, and editorials related to the interests of our members. Materials submitted for consideration should be typed as a Word document. The MOCMS reserves the right to edit all articles submitted. MOCMS retains final editorial judgment regarding newsletter content. It reserves the right to reject articles, announcements, letters, advertisements, and other items that do not correspond with the goals and purposes of the organization.

The information contained in the newsletter is believed to be correct and accurate. Unless specifically stated otherwise, the opinions expressed in any article, advertisement, or column are those of the individual author and do not represent an official position of, or endorsement by, the Monroe Owen County Medical Society, its officers, Executive Committee, or the newsletter staff.

*Approved by the Executive Committee on June 5, 2007.*

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